

## COMMITTEES

**ADDRESS DATABASE CHAIRMAN**  
Barbra Oliver 940-549-4383

**ADVISORY**  
Betty Capel 936-203-0868

**BOARD ORGANIZATION**  
Marge Rode 361-575-7501

**BYLAWS**  
Dorothy Bohn 361-575-3077

**COMMUNICATIONS**  
Nancy Hays 940-549-0654

**CONVENTION SITE**  
Sandra Durbin 817-485-3289

**LIBRARIAN**  
Dorothy Hill 512-491-9613

**FINANCE**  
Pat Netherlin 903-534-8856

**HISTORIAN**  
Dorothy Bohn 361-575-3077

**HOSPITALITY**  
Barbara Oliver 940-549-4383

**MARKETING**  
Jinx Gray-Insurance 972-479-0446

**JUNIOR VOLUNTEERS**  
Majorie Hays 361-991-2383

**MEMBERSHIP**  
Janie Dampier 281-358-9347

**RESEARCH AND EDUCATION**  
Sue Bickham 361-241-1766

**TRAVELING TOPICS**  
Gigi DuBois 361-387-5270  
Verneta Baxter 432-682-2392

**WEBSITE**  
Betty Capel 936-582-0868

**GIFTS AND MEMORIALS**  
Sherry Simmons 903-463-1559

**PINS AND BARS**  
Neill Mills 210-344-3342

## Cookie's Corner by Mary Braddock

*I am delighted to report that TAHV has been very busy and very productive since the new year started. We have four Hospice organizations that have joined us. Seminole Hospice joined just a few days ago. We are also pleased to have them as a part of our volunteer organization.*

*I attended a meeting in Eastland this week and assisted them in organizing a new auxiliary. Their administrator and director of nurses were also very excited about the new organization.*

*Traveling Topics has also been very busy. They have had meetings in Texarkana and Garland and plans are underway for El Paso and Fredericksburg.*

*Stan and Sherry and Sharon, the SSS gang has the conference headed in the right way. You are going to have a great time at the Gaylord Texan. Don't miss it.*

*Check out your new website: TAHV.org.*

*Cookie*

## TAHA OFFICERS

### PRESIDENT

**Mary Braddock**  
1209 Rodgers Dr.  
Graham, Texas 76450  
Home Phone: 940-549-2786  
Cell Phone: 940-550-8425

### PRESIDENT-ELECT

**Robert Zamen**  
8405 Silver Ridge Dr.  
Austin, Texas 78759  
Phone: 512-345-2449

### FIRST VICE-PRESIDENT

**Janie Dampier**  
3114 Redwood Lodge Dr.  
Kingwood, Texas 75020  
Phone: 281-358-9347

### SECOND VICE PRESIDENT

**Sherry Simmons**  
2431 Brookhaven  
Denison, Texas 75020  
Phone: 903-463-1559

### SECRETARY

**Mary Cannon**  
PO Box 247; 520 Riverwood Dr.  
Belton, Texas 76513  
Phone: 254-933-2115

### TREASURER

**Jewel Busby**  
1250 Strawberry Park Lane  
Katy, Texas 77450  
Phone: 281-647-0351

### PARLIAMENTARIAN

**Jan Temple**  
3309 Pecan Ridge  
Rowlett, Texas 75088  
Phone: 972-475-5850

### 64th Annual Convention

**Co-Chairmen:**  
**May 30, 2007-June 2, 2007**  
**Gaylord Hotel, Grapevine, Texas**

### Stan and Sherry Simmons

2431 Brookhave  
Denison, Texas 75020  
Phone: 903-463-1559

### Vice-Chairman

**Sharon Freeman**  
6475 Lone Grove Ct.  
Frisco, Texas 75034  
Phone: 972-712-1988

## VERNETA BAXTER- ONE IN A MILLION!!

If you have been around the state and TAHV activities, chances are you have met a dynamic "ball of fire" from Midland, Verneta Baxter. Verneta lives with her husband, Dedic, and they are in the oil business. Immediately after graduating from college she began working for Exxon and worked there for five years. She then taught fourth and fifth grades and special education. She has volunteered for Hospice of Midland, CASA (Court Appointed Special Advocate), and also ARC (Assoc. for Retarded Citizens).

Realizing that she had heard all of the school stories and knew what all of the teachers would say next, she began looking for a "broader life". Verneta joined hospital auxiliary and has been an active volunteer for 30+ years. After serving in many capacities in her local volunteer group she was asked to join the state organization. She served in offices and chairmanships in the state organization and was elected state president of TAHA in 1997-1998.

Through talking with volunteers across Texas, she found that there was a great need for education. TAHA was not offering this education and had no money to fund it. The small hospitals as well as large hospitals could not afford to attend the state convention so.....why couldn't we take the education "to the members"? Enter "Friends of TAHA" and "Traveling Topics". "Friends" would be the resource through donations, and Traveling Topics would grow under Verneta's capable leadership, develop educational programs and take them across Texas. She says, "There are always leaders with Vision in all groups, and we needed that vision."

For several years Verneta has also been the TAHV Hotline contact. She is the one to call or email who "knows the answers" or will find out the answers. Most calls are those interested in education or wanting something better for their group. One call, however wanted to know how to set up a tent, and she laughingly says she "tried her best to help them!" Even though she admits that she doesn't always know all the answers, she tries to steer her callers to someone who does. Verneta says, "Most people are willing to give customer service—which is an education in itself. Even though volunteers do not need the recognition, it is appreciated when we know we have helped."

Thank you, Verneta, for all that you do to assist and educate our members.

## Congratulations to Bob Zamen

Bob Zamen, President Elect of TAHV, for being appointed by the Board of Trustees of the American Hospital Association to the Committee on Volunteers beginning Jan. 1 for a three year term. The COV is the recognized body of AHA that is concerned with the role and responsibilities of organized volunteers and auxiliaries.



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Submit newsletter articles to: Nancy Hays at: nancy-hays@digitalpassage.com or mail to: Nancy Hays; 1706 Apache Circle; Graham, Texas 76450, Phone: 940-549-0654



## What's Cookin' Around the State...

### Palliative Care Program at St. Lukes

The palliative Care Bereavement service follows all families of Palliative Care patients who have been at St. Luke's Episcopal Hospital. The bereavement program provides support to 53 individuals on a monthly basis, a number that continues to grow.

Volunteers are trained to call five individuals once or twice a month to check in and offer a comforting ear. The phone calls can last anywhere from five minutes to one hour, depending on the need of the family. The time commitment each month averages about one to two hours. Comments from families who are currently receiving support include: "You called at just the time I needed someone." And "The support I was given by my bedside nurse or PCA was what helped me through the worst of times."

This is a great opportunity for those who want to volunteer but do not have transportation to the medical center, or who have a limited amount of time to offer.

### Garland Volunteer Recruitment Program

Recently all members of the Garland Baylor Center were sent a letter outlining a new program to encourage recruitment of new people. Recognition incentives being offered are a special pin for the first recruit by each volunteer, plus a bonus of 100 hours service credit for each new recruit found.

### Our Deepest Sympathy

The family and friends of NANCY HARVEY, Wilson N. Jones Medical Center Auxiliary President. Nancy passed away suddenly January 7. "She was a wonderful caring person and a great President. She always had some project underway which kept her going at top speed. She was someone we all admired because of her creativity, her caring heart and her intellect. Her can-do spirit will always be with us." Wilson N Jones Auxiliary

### Notice!!!!

All auxiliaries and volunteer groups who have new Presidents, PLEASE mail or email information to Barbara Oliver, Box 902, Graham, Texas [76450--email-Allen@morrisonfuneralhome.com](mailto:76450--email-Allen@morrisonfuneralhome.com)

Please send all articles for the state newsletter to: Nancy Hays, 1706 Apache Circle, Graham, Texas 76450 or email: [nancyhays@digitalpassage.com](mailto:nancyhays@digitalpassage.com)

### NEWSLETTER REQUEST

Please put me on your local newsletter mailing list and send your interesting news articles to:

Email: [NancyHays@DigitalPassage.com](mailto:NancyHays@DigitalPassage.com)

Nancy Hays  
1706 Apache Circle  
Graham, Texas 76450  
Home Phone: 940-549-0654/Cell: 940-550-4198

### Friends of TAHV Donations from November 2006 — February 2007

GENERAL DONATIONS	
Memorial Hospital Auxiliary	Nacogdoches

MEMORIALS	
GIVEN BY	IN MEMORY
Mary Gayle Stromberger	Phyll Joslin

### Gifts and Memorials

HONORAIUMS	
GIVEN BY	HONORING
Pat Neatherlin	Joye Humphrey

MEMORIALS	
GIVEN BY	HONORING
Mary Gayle Stromberger	Phyll Joslin
Mainland Medical Center Auxiliary Texas City	Frances Lindsay

"VOLUNTEERS ARE A GIFT TO THE COMMUNITY."



### Graham Medical Center Auxiliary Sponsors Musical Production, "Always, Patsy Cline"

The Graham Auxiliary sponsored the musical, "Always, Patsy Cline" January 27 at the historic Graham Memorial Auditorium. The performance featured the original Albany cast of Loma Ayers as Patsy Cline, Pam Davis as Louise Seger and the Bodacious Bobcat Live band. The sell out crowd reacted with tears and laughter as songs such as "Crazy", "I Fall to Pieces", "Your Cheatin' Heart" and "San Antonio Rose" were sung. All proceeds from the show benefit the Graham Regional Medical Center and Auxiliary.

This is a musical that you will never forget. It is totally awesome!!! The producer, Robert Echols says that they LOVE to travel for good causes, so let them know when you would like to schedule them. Anyone interested in sponsoring the musical as a fundraiser can get more information by emailing Nancy Hays at [nancy-hays@digitalpassage.com](mailto:nancy-hays@digitalpassage.com) or Robert Echols, Producer, at [rdechols@sbcglobal.net](mailto:rdechols@sbcglobal.net). This is a TERRIFIC fundraiser!!!

### NOMINATING COMMITTEE REPORT

The nomination Committee presented candidates for 2007-2008 officers at the Winter Board Meeting. These will be voted on at the annual Business Meeting during the 2007 Pre-Convention Board meeting and installed at the state convention.

Those Presented:

President—Bob Zamen—Austin, District 7  
President Elect—Janie Dampier—Kingwood, District 9  
First Vice President—Pat Neatherlin—Tyler, District 10  
Second Vice President—Melva Harris—Spring, District 9  
Secretary—Barbara Oliver—Graham, District 6  
Treasurer—Dorothy Bohn—Victoria, District 3



BOB ZAMEN



JANIE DAMPIER



PAT NEATHERLIN



MELVA HARRIS



BARBARA OLIVER



DOROTHY BOHN

### For Lent, A List of Give-Ups



- Give up the bitterness; turn to forgiveness.
- Give up the hatred; return good for evil.
- Give up the negativism; be positive.
- Give up complaining; be grateful.
- Give up pessimism; be an optimist.
- Give up hard judgements; think kind thoughts.
- Give up worry; turn to Divine Providence.
- Give up anger; be more patient.
- Give up pettiness; be more mature.
- Give up gloom; enjoy the beauty around you.
- Give up jealousy; pray for trust.
- Give up gossiping; control your thoughts.
- Give up sin; turn to virtue.

### Graham Regional Medical Center Expanding



Blake Kretz, Administrator, The Graham Regional Medical Center Auxiliary, and representatives from the City of Graham and Hospital Board took part in a groundbreaking ceremony for the hospital's new Women's Center on February 23, 2007.

### Senior Musings

I've sure gotten old! I've had two bypass surgeries, a hip replacement, both knees replaced, fought prostate cancer and diabetes; I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded and subject to black-outs. I have bouts with dementia, have poor circulation, can hardly feel my hands and feet any more, can't remember if I'm 85 or 92 and have lost all my friends. But, thank God, I still have my driver's license.



Remember you don't stop laughing because you grow old. You grow old because you stop laughing.

### SENILITY PRAYER

God, grant me the senility to forget the people I never liked, the good fortune to run into the ones I do, and the eyesight to tell the difference!

### NEW HEARING AID

Seems an elderly gentleman had serious hearing problems for a number of years.

He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100 %.

The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

To which the gentleman said, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!!"

*The Insider.....San Angelo Community Medical Center Auxiliary*

## District Meetings Set for 2007

LOCATION	DATE
Houston	September 25 2007
Jasper	September 27, 2007
Marshall	October 1, 2007
Fort Worth	October 4, 2007
Amarillo	October 8, 2007
Big Spring	October 11, 2007
Brownwood	October 16, 2007
Harlingen	October 19, 2007
San Antonio	October 22, 2007
Round Rock	October 24, 2007

## Why be a Volunteer?

It's not for the money; it's not for the fame  
 And it's not for any personal gain.  
 It's for love of fellow man.  
 It's just to lend a helping hand.  
 It's just to give the title of self.  
 That's something you can't buy with wealth.  
 It's not the medals worn with pride.  
 It's just for that feeling deep inside.  
 It's that reward down in your heart.  
 It's the feeling that you've been a part  
 Of helping others far and near,  
 That's what makes you a VOLUNTEER.

*From St. Luke's Baptist Hospital, San Antonio, Texas*

## Teamwork Makes a Dream Work

By: John Maxwell

Every effective leader knows that you can win with good players, and you can lose with good players. But you cannot win without good players.

One of the things that separates winning and losing teams is how the team's good players are placed. Take a look at what I mean.

The Wrong Person in the Wrong Place= REGRESSION  
 The Wrong Person in the Right Place = FRUSTRATION  
 The Right Person in the Wrong Place= CONFUSION  
 The Right Person in the Right Place = PROGRESSION  
 The Right People in the Right Places= MULTIPLICATION

*From "The Coffee Break" CORPUS CHRISTI MEMORIAL*

## WATCH OUT, GRAHAM, HERE WE COME AGAIN!!!

The TAHV state board of directors is invited to meet in Graham for the 2007 Board Retreat, at the Hays' lake home on Lake Graham to plan for the future of TAHV. A letter will follow soon giving all the details about the activities and accommodations to all state board members. For more information, please contact Bob Zamen at 521-345-2449 or Nancy Hays at 940-549-0654; [nancyhays@digitalpassage.com](mailto:nancyhays@digitalpassage.com).

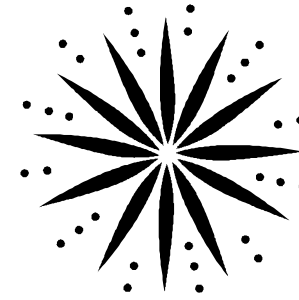


*Enjoying an Open House for the Festival of Trees are (left to right) Pat Neatherlin, Janice Corley, Lawrence Henedan, Barbara Hubbard and Fannie Mitchell*

## Annual Festival of Trees

Trinity Mother Frances Health System in Tyler held their Annual Festival of Trees in December. The festival is a fund-raising event for the Children's Miracle Network and Family Health Center.

Trees are decorated by local businesses, employees and volunteers, displayed in the hospital and sold by Silent Auction.



## TAHV CONVENTION 2007

THE GAYLORD TEXAN  
 RESORT AND CONVENTION CENTER  
 On Lake Grapevine- 1501 Gaylord Trail, Grapevine, Texas 76014  
 Phone: 817-778-1000 Fax: 817-778-1001  
 email: [www.gaylordhotels.com](http://www.gaylordhotels.com)

REGISTRATION PACKETS: Will be mailed out the middle of March. If you do not receive your packet, contact Registration Co-Chairs: Carolyn Craig at 903-786-9613, email: [Carolynpo@aol.com](mailto:Carolynpo@aol.com) or Carolyn Bronaugh at 903-786-3884, email: [jhccbronaugh@aol.com](mailto:jhccbronaugh@aol.com)

### PRESIDENT'S PARTY

Honoring Outgoing TAHV President  
 Mary (Cookie) Braddock

May 31, 2007 6:30-8:30  
 \$20 per person

Full Dinner with all the trimmings and LIVE BAND!

### WORKSHOPS- UNIFORM DAY

Friday, June 1, 9-10 AM and 10:15-11:15

James M. Atkins, M.D.  
 Verneta Baxter and Gigi DuBois  
 Dawneen Blakeslee  
 Bill Crawford, Ph. D.  
 Cindy Jones  
 Kay Paggi, LPC

### KEYNOTE SPEAKERS

**Thursday Opening Session**

Dr. Phil Berry

**Friday Uniform Luncheon**

Bill Crawford, PHD

**Saturday**

David Winter, MD

### VENDOR'S FAIR

**Special Buyers Vendor's Fair May 31**

Two admittance tickets per hospital/hospice allowed at this time.

**Vendor's Fair Friday, June 1, Uniform Day**

Open to everyone.

For Table information, contact:

BRUCE GREGG, Vendor Chairman

Phone 325-949-5713 or EMAIL: [rbgregg@cox.net](mailto:rbgregg@cox.net)

**NEWCOMERS MEETING- UNIFORM DAY, Friday, June 1**

## TAHV PAST PRESIDENTS AWARDS OF EXCELLENCE

Presented in the following categories:

- Outstanding achievement in HOSPITAL IN-SERVICE
- Outstanding achievement in COMMUNITY SERVICE
- Outstanding achievement in FUND RAISING

INFORMATION AND GENERAL RULES FOR ENTERING COMPETION MAY BE SUBMITTED TO:  
 Mary Braddock, 1209 Rodgers Dr., Graham, Texas 76450

**DEADLINE FOR ENTRIES: APRIL 7, 2007**

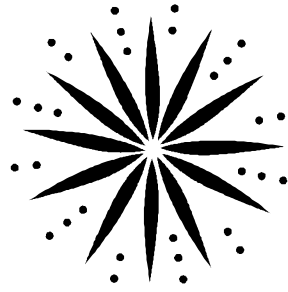
### CONVENTION AWARD PACKETS

Award Packets have been mailed out to all hospitals and state board members. If you did not get your "INTENT TO ENTER FORM", Contact Awards Chairman:

**BETTY UNLAUB, P.O. Box 302, Dumas, Tx. 79029 or email: [blunlaub@windstream.net](mailto:blunlaub@windstream.net)**

THIS FORM **MUST BE RECEIVED BY MAY 1, 2007** or a penalty of 25 points will be assessed

## TAHV CONVENTION 2007 May 31 – June 2



Make plans early for an exciting convention at the beautiful Gaylord Texan located between Dallas and Fort Worth in Grapevine (for hotel details: [www.gaylordhotels.com/gaylordtexan](http://www.gaylordhotels.com/gaylordtexan)).

The convention center is attached to the hotel, and there are numerous restaurants and shops in the hotel.

Room rates of \$159 (1-2 people) and \$179 (3-4 people) include free high-speed internet access; Fitness Center access; shuttle to downtown Grapevine, Grapevine Mills Mall, and Bass Pro Outdoor World; a daily newspaper; and other amenities. Water sports and golf are available nearby. For those flying to convention, the nearest airport is DFW which is just six minutes from the hotel. When you call the hotel (866-782-7897) to make your reservations, be sure to ask for the **TAHV rate**.

Registration begins on Wednesday, May 30 from 1-3 p.m. Door prizes (Texas Registration 2) and Silent Auction (Dallas 7) items may be submitted 1-5:30; the Awards room (Austin 1-3) will be open from 1-9 p.m.

The convention opening session will be at 1 p.m. on May 31, and Dr. Phil Berry, a physician as well as an organ recipient, will be the speaker. Following the opening session will be a workshop for new-comers to convention. The Vendors Fair will be open from 3-7 p.m. for buyers only. Each volunteer group will be given two buyers' tickets at registration. The Vendors Fair will be open for all attendees on June 1.

Wear your favorite Christmas clothes Thursday evening and come to the fabulous President's Party honoring President Cookie Brad-dock. There will be entertainment, holiday decorations, music, dancing, and a full, sit-down dinner.

Friday, June 1, is Uniform Day, and the first session of ten work-shops will begin at 9 a.m. The second session will begin at 10:30 a.m. Next will be a luncheon and a speech by nationally known speaker Bill Crawford, Ph.D. This will be followed by the afternoon general session including the presentation of awards.

The closing session occurs June 2 and includes the installation of new officers. This will be followed by a brunch honoring incoming president, Bob Zamen. Dr. David Winter, familiar to many from his appearances on Channel 8 in Dallas, will present, "How to Use Public Information to Improve Your Health."

The registration fee is \$45; President's Party is \$20; luncheon is \$28; and brunch is \$28. Your name badge indicates that you are registered for the convention, and you must wear your badge in order to be admitted to any convention event.

Your convention committee is working hard to make sure this convention is a memorable event filled with education, fun, and food – all in a beautiful setting. We look forward to seeing you there!

## A SENIOR CHRISTMAS

'Twas the night before Christmas at Rock-Away Rest, And all of us seniors were looking our best.  
Our glasses, how sparkly, our wrinkles, how merry; our punch bowl held prune juice plus three drops of sherry.  
A bed sock was taped to each walker, in hope, that Santa would bring us soft candy and soap.  
We surely were lucky to be there with friends, secure in this residence and in our Depends.  
Our grandkids had sent us some Christmassy crafts, like angels in snowsuits and penguins on rafts.  
The dental assistant had borrowed our teeth, and from them she'd crafted a holiday wreath.  
The bedpans, so shiny, all stood in a row, reflecting our candles' magnificent glow.  
Our supper so festive—the joy wouldn't stop—was creamy warm oatmeal with sprinkles on top.  
Our salad was Jell-o, so jiggly and great, then puree of fruit-cake was spooned on each plate.  
The activity director then had us play games, like "Where Are You Living?" and "What are Your Names?"  
Old Grandfather Looper was feeling his oats, proclaiming that reindeer were nothing but goats.  
Our resident wanderer was tied to her chair, in hopes that at bedtime she would be there.  
Security lights on the new fallen snow made outdoors seem noon to the old folks below.  
Then out on the porch there arose quite a clatter but we are so deaf that it just didn't matter.  
A strange little fellow flew in through the door, then tripped on the sill and fell flat on the floor.  
'Twas just our administrator, all togged out in red; he jiggled and chuckled and patted each head.  
We knew from the way that he strutted and jived, our social security checks must've arrived.  
We sang –how we sang—in our monotone croak, 'til the clock tinkled out its soft eight p.m. stroke.  
And soon we were snuggled deep in our beds, while nurses distributed nocturnal meds.  
And so ends our Christmas at Rock-Away Rest. "Fore long you'll be with us, we wish you the best.



## WINTER BOARD MEETING

