THE TAHV BEAT “Embrace the Spirit”

The 65th Annual State Convention of the Texas Association of Healthcare Volunteers is history, and we are and are running to “lead legacy volunteers”. To enjoy humor for the health of it, and to ponder our vision of “light perceptions”. Have you heard anyone “awfulizing” lately? What magnanimous keynote speakers we enjoyed! What great concurrent sessions and what a great networking venue for us volunteers from all across Texas. Our thanks to Dave and Paula Trzeciak and their able committees for the excellent 2008 convention.

We do apologize for the bullet problems at the President’s Party, and we are working to eliminate this unfortunate circumstance in the future. We believe we can meet this challenge. So, hang in there.

As the fall tour preparations begin, I hope that your district meeting coordinators will be able to provide programs or ways healthcare volunteers can contribute to the healing of our children — my project for the year. Our children hold their future in their hands, and we need them healthy — emotionally, physically, and mentally.

So as we begin this new year, let’s work toward changing our by-laws to allow for more flexibility in recruiting and training new volunteers. Let’s change our uniforms to make healthcare volunteering more enticing to men, “boomers”, and young people. Let’s be visible in the community, participating in community events as a healthcare organization, thereby, opening the door for good public relations and possible recruitment. Let’s work diligently with our healthcare administrators to bring the best healthcare possible to our fellow Texans.

We are the “Heartbeat of Healing.” Let’s be the “best of the best.”

See you in the fall.

In the spirit of volunteering.

Janie

OPENING SESSION PRESENTATION — EKLUISIS

Dan Stultz, President, Texas Hospital Association, spoke at the Opening Session of the June Convention at the Hilton Austin. His experience as a physician and an administrator, his relationships uniquely qualify him for the President of Texas Hospital Association. His comments definitely show his insight and concern for the hospital communities.

Friends, Romans, Countrymen, lend me your ears……

the good is oft interred with their bones.

Marc Antony “FOCUSED” here and may have been at his best. He was Proconsul with Gaius Julius Caesar at the time he made the speech after Caesar was murdered.……

EKLUISIS is: GREEK for “losing your focus”. Literally, “unstringing the bow”. Think about that. A bow when strung is full of potential energy. When you unstring it, you take away all of that potential energy. When you unstring it, you take away all its power.

EKLUISIS is a term for what happened to Mark Antony. …As you remember …the story — Cleopatra’s distraction caused Marc Anthony’s problems.

So EKLUISIS is (Ek-loo-sis- losing focus or release).

In our business — hospitals — we treat thousands of people daily. We put in thousands of replacements, pacemakers and stents — daily. We do a thousand CABG daily. And we pronounce and pass to the Church Triumphant thousands of the Greatest Generation — daily. We help bring babies into the world and we rescue the burn victims, the car wrecks, and those patients who have been found down after 8 hours. We are at the bottom of the funnel for society’s unresolved problems.

When all else fails, when the shooting stops, when the last one is left standing…..they bring them to the hospital. When the hurricane is gone and there is no power, no food, and no drinkable water…..they come to the hospital. When she has been beaten and still won’t leave him, and won’t press charges…she comes to the hospital.

Now you see talks and programs about never events or wrong site surgery or a bad outcome. Regrettably, it happens and it may cause you to pause and wonder.

You, of all people, see disappointment or someone that wasn’t treated right…..Regrettably it happens and it may cause you to wonder? Are you working for the right cause?

YOU can’t get EKLUISIS.

You can’t lose focus. You can’t let those outcomes unstring your bow. You can’t let that mistake, that misspoken or omitted word, cause you to lose focus on the tens of thousands of good to great things that happen every day. And I can’t explain why some people say what they say.

(Continued on Page 2)

Inside this edition…

Winner of Past Presidents’ Award .......... Page 2
Meet Stephanie Suarez, Jr. Volunteer .......... Page 3
Pecos County Memorial Hospital Auxiliary Memorial Garden Project .......... Page 3
Traveling Topics .......... Page 3
Award Winner 2008 Convention .......... Page 4
Conference Photos .......... Page 5
2009-09 Leadership .......... Page 5
Distict Meetings Information .......... Page 6
State Auxiliary Leaders Spring Meeting .......... Page 7
What Does Parliamentary Procedure Say .......... Page 7
TAHV Gifts & Memorials Foundation .......... Page 7
Congratulations Vickie Holcombe .......... Page 7
The TAHV Beat “Embrace the Spirit” .......... Page 8

TAHV SEPTEMBER 2008 NEWSLETTER-PAGE 8

COMMITTEES
DATABASE CHAIRMAN
Bruce Gregg 254-949-2713
ADMINISTRATIVE
Bob Zamen 512-345-2448
DIRECTOR
Marge Rode 361-575-7501
COMMUNICATIONS
Verneta Baxter 432-682-2392
FINANCE
Dorothy Hill 512-491-9613
JUNIOR VOLUNTEERS
Bruce Gregg 325-949-5713
MEMBERSHIP
Jan Temple 214-475-5850
RESEARCH AND EDUCATION
Sue Bickham 361-241-1766
TRAVELING TOPICS
Bruce Gregg 325-949-5713
WEBSITE
Shirley Volluz 817-860-6794
GIFTS AND MEMORIALS
Stan Simmons 903-463-1559

THE 65TH ANNUAL STATE CONVENTION OF THE TEXAS ASSOCIATION OF HEALTHCARE VOLUNTEERS IS HISTORY, AND WE ARE AND ARE RUNNING TO “LEAD LEGACY VOLUNTEERS”. TO ENJOY HUMOR FOR THE HEALTH OF IT, AND TO PONDER OUR VISION OF “LIGHT PERCEPTIONS”. HAVE YOU HEARD ANYONE “AWFULIZING” LATELY? WHAT MAGNANIMOUS KEYNOTE SPEAKERS WE ENJOYED! WHAT GREAT CONCURRENT SESSIONS AND WHAT A GREAT NETWORKING VENUE FOR US VOLUNTEERS FROM ALL ACROSS TEXAS. OUR THANKS TO DAVE AND PAULA TRZECIAK AND THEIR ABLE COMMITTEES FOR THE EXCELLENT 2008 CONVENTION.

WE DO APOLOGIZE FOR THE BULLET PROBLEMS AT THE PRESIDENT’S PARTY, AND WE ARE WORKING TO ELIMINATE THIS UNFORTUNATE CIRCUMSTANCE IN THE FUTURE. WE BELIEVE WE CAN MEET THIS CHALLENGE. SO, HANG WITH US.

AS WE BEGIN THIS NEW YEAR, LET’S WORK TOWARD CHANGING OUR BY-LAWS TO ALLOW FOR MORE FLEXIBILITY IN RECRUITING AND TRAINING NEW VOLUNTEERS. LET’S CHANGE OUR UNIFORMS TO MAKE HEALTHCARE VOLUNTEERING MORE ENTICING TO MEN, “BOOMERS”, AND YOUNG PEOPLE. LET’S BE VISIBLE IN THE COMMUNITY, PARTICIPATING IN COMMUNITY EVENTS AS A HEALTHCARE ORGANIZATION, THEREBY, OPENING THE DOOR FOR GOOD PUBLIC RELATIONS AND POSSIBLE RECRUITMENT. LET’S WORK DILIGENTLY WITH OUR HEALTHCARE ADMINISTRATORS TO BRING THE BEST HEALTHCARE POSSIBLE TO OUR FELLOW TEXANS.

WE ARE THE “HEARTBEAT OF HEALING.” LET’S BE THE “BEST OF THE BEST.”

SEE YOU IN THE FALL.

THE SPIRIT OF VOLUNTEERING.

JANIE
Winners of Past Presidents’ Award “Outstanding Achievement in Hospital In-Service” Category

“Above It All”

This project aims to heal the thinking art on the ceiling. We usually don’t give a hoot about ceiling tiles. Until we are forced to look up, that is, as in lying on a gurney awaiting crucial health care and those white, square, mottled with holes, are all we can see. Hospitals over the past dozen years are livening up even those boring vistas. Our volunteers are now using these tiles as a canvas for a full range of artistic expression, and the gurney bound are grateful.

We can not just treat the body physically; we need to treat the whole, mind and the spirit. As we all learn more about the connection of mind, body and spirit, the volunteers at Memorial Hermann Southwest have taken the lead in bringing art, in a positive way to help promote healing. We have shown the patients, employees and guests that they are important to us and brought some fun into our lives.

The ceiling tiles are donated to the volunteers by the hospital. We try to keep a case in the volunteer office at all times so that if someone is interested in painting a tile all they have to do is stop by the volunteer office and pick up a tile. Each participant supplies his or her own paint. We have volunteers, employees, as well as family members and friends interested in participating in this project.

Melva Harris, left, and Pat Neatherlin, right.

State Auxiliary Leaders Spring Meeting

Melva, Harris, TAHV First Vice President and Pat Neatherlin, TAHV President-Elect participated in the State Auxiliary Leaders Spring meeting held recently in Washington D.C. Forty-two State Auxiliary Leaders were represented at the meeting held in conjunction with the American Hospital Association Annual Conference.

These meetings are such an excellent opportunity for meeting and working with other leaders in the States. Many opportunities are provided to learn about the key issues not only in the Volunteer populace but also the leading topics and concerns facing the administration of our hospitals. The exposure to the leaders and speakers in these areas is a tremendous asset in locating speakers for our meetings and conferences.

What Does PARLIAMENTARY PROCEDURE Say?

By Jan Temple, TAHV Parliamentarian

Frequently asked question about the TAHV Bylaws

Question: “What does the TAHV Bylaws say and how does it affect us?”

Answer: “The TAHV Bylaws are only germane to TAHV. They don’t affect any other Auxiliary/Volunteer Group. Your individual Bylaws govern what you do. If something isn’t working any more, you should revisit your Bylaws and possibly make a change.”

If you have any questions regarding a particular point, I will be happy to try to help you find an answer.

Jan Temple, Parliamentarian

jantemple@verizon.net

TAHV GIFTS & MEMORIALS FOUNDATION

June 2008 Convention Report

The TAHV Gifts & Memorials Foundation was delighted to present one of our scholarship recipients, Justin Cormack, at the convention in Austin. Justin shared with us the path he has taken to fulfill his dream of becoming a physician. He knew at an early age that he wanted to pursue a career in medicine. After high school, he was accepted to St. John’s College and received a degree in pre-med from Texas A&M University. In May, Justin accepted a position as a first-year resident in the Department of Surgery at Memorial Hermann Southwest. Justin will be doing a one-year internship before entering his residency program.

We are most appreciative of these gifts and of those auxiliaries and volunteers who continue to share their resources, enabling the Foundation to reward deserving students. Special thanks go to the West Houston Medical Center Volunteers for their generous gift of last June and an apology for inadvertently omitting acknowledgment at the recent convention.

Vickie Holcombe

Director of Volunteer Services

Memorial Hermann Hospital Beaumont

Texas City

Jaunt Temple, Parliamentarian

jantemple@verizon.net

Vickie Holcombe has been elected to serve a one-year term on the Committee for Nominations for AHVR. Vickie served as President of Texas Association of Director Volunteer Services (TADVS) in 2007. Nominating Committees are most important—through Nominating Committees our leaders are chosen, and officers chart our course and lead us to our goals. She will be researching and recommending leadership for the AHVR. This is an honor for Vickie, her hospital community, Memorial Hermann Baptist Hospital in Beaumont. We truly appreciate her willingness to represent the TADVS and her hospital on a national level.

Thank you, Vickie

TAHV SEPTEMBER 2008 NEWSLETTER-PAGE 7
DISTRICT 1: Moore County Hospital Auxiliary, Dumont
Speaker: Will talk about Children’s Bereavement
Great afternoon workshops planned and a short presentation on Fund-raising.
Betty Unlaub (806) 953-2300 bunlaub@windstream.net
JoAnn McFarlin (806) 953-6150 joanmcf@mcnland.info

DISTRICT 2: Midland Memorial Hospital Auxiliary, Midland
Speaker: Vicki Jay, Director of Respiratory, Children’s Center in Midland
Fiona Troop (432) 689-8607 fiona@rta-online.net
Judy Jerhing (432) 694-4379 jjerhing@grandecom.net

DISTRICT 3: Citizens Medical Center Auxiliary, Victoria
Morning Session: “All God’s Children (Reaching the Autistic Child)”
Afternoon Session: “Riding Therapy”
Marge Rode (361) 575-7501 marge@cocomm.com
Dorothy Bohn (361) 575-3077 dbohn@bgiobal.com

DISTRICT 4: Memorial Hermann Baptist Hospital Auxiliary, Beaumont
“• The Gift of Kindness- Customer Relation 101” The volunteer’s role as a customer relations advocate presented by Chris Parin, Director of Customer Relations, Baptist Beaumont Hospital
• “Healing the Hearts of Children” The Garth House Children’s Advocacy Program, Inc., presented by Janell Morris, Volunteer Coordinator/ Family Support Volunteer
• “Pets Helping People” Improving human health through therapy animals, Jo Ann Russell, President “Pets 4 Love” Chapter Huntsville Pets-Helping People Delta Society
• “Auxiliary Show and Tell,” Oral reports given by AUX. Presidents with Q&A
Joan Moor (409) 866-2072 rmoor@gte.com
Iris Whittington (936) 549-5719 fhw12@hetnet.com

DISTRICT 5: Baylor Medical Center at Garland, Grapevine and Waxahachie
Speaker: Dr. Carolyn Garver Director of Autism Treatment Center Title of presentation: "Autism Spectrum Disorder: Characteristics of Autism and latest statistics.
Jan Temple (972) 475-5850 jtemple@verizon.net
Billie Dixon (972) 438-2300
George Lilley (817) 488-4658 gilley.george@yahoo.com
Eva Colvert (972) 483-6848

DISTRICT 6: Hendrick Medical Center Auxiliary, Abilene
• “Ministry of Camp Courage” presented by Melissa Nortes-Luton, Hospice Community Outreach Coordinator for Hendrick Medical Center. Camp Courage is a summer camp for children who have experienced a loss of a loved one through death, divorce or separation during the year.
• “Markus Riddle, Dir. Of Food Service, Wylie ISD. Her topic will be "Addressing Childhood Obesity".
Janice Allen (325) 688-2844 allenj@poudliner.net
Sylvia McAlebb
Rozaida Fuhaim, DVS
ruham@ehendrick.org

DISTRICT 7: St. Marks Medical Center Auxiliary, LaGrange
• Keynote speaker Rev. Dr. Sharon Turner, “Me, Wi, and the Tree” The connecting children with nature.
• Speaker Mary Reeves; “Herbs: For Use and Delight” One does not have to be an expert to use and enjoy herbs—one must just need to have the desire
Sue Holt (512) 461-2222 suhetat@cmaaccess.com
Adrienne Armstrong (979) 968-2727 rockinar@cmaaccess.com

DISTRICT 8: Shannon Medical Center Auxiliary, San Angelo
• Inger McManus: “Building Bridges” Methods to Assist Grieving Children
• Elisa Griffith: “Highways and Byways: A Mother with an Angelman Child”
• Lisa White: “How Healthcare Volunteers Can Make a Difference”
• Sharon Adams: “Children’s Miracle Network Kids”
Dot Hamod (325) 949-3216 dothamod@verizon.net
Tom Ward (325) 949-4492 tomward@earthlink.net

DISTRICT 9: AngloPine Danbury Medical Center Auxiliary, Angelina
• Keynote Speaker, Buddy Scott, noted National Author, Speaker & Consultant on family counseling. His presentation “His Love Counseling” is also the name of his clinic in Lake Jackson. He will focus on inspirational stories of children and parents in hurting and healing situations.
• Gail Mizzell, Advocate for “GAP” Support Services will speak on “Grandparents are Parent-Many Hats of Caring” focusing on the legal, financial and emotional grandparents face in raising their grandchildren.
• Emma Lou O’Bannon, children’s Specialist with Brazoria County Library System. “Bibliotherapy—Children’s Books for Healing” Her topic covers selections of children’s books to read to children experiencing illness, divorce, bereavement, etc.
• Gayle Parsons (979) 649-1500 garonson@tobymail.com
• Jane Boehm (979) 649-0327 joebollt2@gmail.com
• Roseanne Scroggins (979) 549-0509 scrogginsjr@cmaaccess.com

DISTRICT 10: Atlanta Memorial Hospital Volunteers, Atlanta
• Speaker Daniela Abernathy, CASA, Presentation “Hurting Children”
• Speaker Wendy Bro-Polland, Presentation on Customer Relations
Bobbie Wright (903) 795-5789 bobbie.wright@att.net
Rowena Webb (903) 795-8704 renaw0903@cox.com

TRAVELING TOPICS NEWS
We would like to thank all attendees at Convention in Austin, June 8-10, who bought raffle tickets for a chance to win the beautiful diamond bracelet donated by Scott Almond of Gold & Vision Jewelry Fundraising. The money collected from that fund raising project (over $1,000) goes into helping fund future Traveling Topics programs. Also at Convention Traveling Topics funded the opening session speaker, Tom Rick, who spoke on Sunday.
We have several Traveling Topics programs scheduled for the Fall – in El Paso, Houston, Atlanta and Austin. You are interested in the possibility of having a Traveling Topics program please feel free to contact co-chairs Pat Denander at cordenander@comcast.net or Jan Temple at jtemple@verizon.net. (972) 475-5850.
We would like to give a big thank you to the Blue Bird Auxiliary of Methodist Hospital in San Antonio for a very generous donation received in mid-June. It is through donations such as this one that we are able to offer educational programs through Traveling Topics across the state of Texas.

Meet Stephanie Suarez, Junior Volunteer
As the largest hospital system in the Rio Grande Valley, South Texas Health System maintains over 450 student and adult volunteers throughout its hospitals in McAllen and Edinburg.
The hospital system is comprised of Edinburg Children’s Hospital, Edinburg Regional Medical Center, McAllen Heart Hospital, McAllen Medical Center and the South Texas Behavioral Health Center.
Each volunteer, unique in its programs and services, attracts generous individuals who give back to their community with their time and talent. Hospital volunteers provide a honorable service to patients and their families during their hospital stay or visit.
Edinburg Children’s Hospital, in particular, has the largest draw of Junior Volunteers, many who go beyond the typical eight-hour work week. One such Junior Volunteer is Stephanie Suarez, a 15-year old sophomore at PSJA North Senior High School.
Stephanie averages about 30 volunteer hours a week at both Edinburg Children’s Hospital and Edinburg Regional Medical Center.
In addition to school and partaking in Bible studies and marathons, Stephanie volunteers at the hospital’s gift shop, information desk, patient escort, pediatric nurses station, and child life activities.
When asked why she volunteers, Stephanie said, “I have the opportunity to work with the hard working auxiliary and junior volunteers in addition to also being able to serve my community and being able to work with children of all ages.”
Along with many of the junior volunteers at Edinburg Children’s Hospital, she aspires to pursue a career in medicine.
“I hope to become a child psychologist in the future, so volunteering in the hospital allows me to grasp ideas of how children feel and their emotion towards others, especially when they’re in the hospital setting,” she says.
“Stephanie is truly a tremendous asset to our program,” says Javier Cavazos, Volunteer Manager at Edinburg Children’s Hospital and Edinburg Regional Medical Center. “She shows such initiative and passion about helping out and works her scheduled shift and then afterwards goes to other stations to see if she can help." The best example of her passion was during orientation, her first day, she helped direct and give tours of our facility to the other newcomers.
“South Texas Health System welcomes new volunteers, and appreciates the hard work and dedication the Auxiliary to McAllen Medical Center and the Edinburg Regional Medical Center Auxiliary have provided over the years,” says Joel Pena, System Volunteer Director.

Moeder the youth and shape the future.
## Tray Favors

| 0-150 Beds | 1st | Palo Pinto General Hospital-Miner Wells |
| 2nd | Pecos County Memorial Hospital-Fort Stockton |
| 3rd | Lake Granbury Medical Center-Granbury |
| 151-225 Beds | 1st | Brownwood Regional Hospital-Brownwood |
| 2nd | Mainland Medical Center-Texas City |
| 3rd | Providence Healthcare Network-Waco |
| 226-300 Beds | 1st | Morningside Manor Nursing Home San Antonio |
| 2nd | Wilson N. Jones Medical Center-Sherman |
| 3rd | Harris Methodist HEB Hospital-Bedford |
| 301+ Beds | 1st | Memorial Hermann Southwest-Houston |
| 2nd | University Health System-San Antonio |
| 3rd | Citizens Medical Center-Victoria |

## Posters

| 0-150 Beds | 1st | Good Shepherd Medical Center-Marshall |
| 2nd | St. Mark’s Medical Center-LaGrange |
| 3rd | Texas Scottish Rite Hsp for Children Dallas |
| 151-250 Beds | 1st | Texoma Medical Center-Denison |
| 2nd | Huguley Memorial Medical Center-Fort Worth |
| 3rd | Edinburg Regional Medical Center Edinburg |
| 251-350 Beds | 1st | Laredo Medical Center-Laredo |
| 2nd | Baylor Medical Center-Irving |
| 3rd | Memorial Hermann Northeast-Humble |
| 351+ Beds | 1st | Memorial Hermann Southwest-Houston |
| 2nd | St. Luke’s Episcopal Health System Houston |
| 3rd | University Health Systems-San Antonio |

## Newsletters

| 0-100 Beds | 1st | Seton Southwest Hospital-Austin |
| 2nd | Texas Scottish Rite Hsp for Children Dallas |
| 3rd | North Texas Medical Center-Gainsville |
| 101-150 Beds | 1st | Peterson Regional Medical Center Kennesville |
| 2nd | Seton Northwest Hospital-Austin |
| 3rd | RHD Memorial Medical Center-Dallas |

## TAHV 2008 Convention – Award Winners

### 151-220 Beds
1st | Memorial Hermann-The Woodlands |
2nd | Navarro Regional Medical Center Corsicana |
3rd | Providence Healthcare Network Waco |

### 221-300 Beds
1st | Harris Methodist HEB Hospital Bedford |
2nd | Baylor Medical Center-Irving |
3rd | West Houston Medical Center Houston |

### 301-450 Beds
1st | Bayshore Medical Center-Pasadena |
2nd | Seton Medical Center-Austin |
3rd | Arlington Memorial Hospital-Arlington |

### 451+ Beds
1st | Memorial Hermann Southwest-Houston |
2nd | Memorial Hermann Memorial City Houston |
3rd | St. Luke’s Episcopal Health System Houston |

## Scrapbooks

### 0-99 Beds
1st | Coryell Memorial Healthcare Gatesville |
2nd | Atlanta Memorial Hospital-Atlanta |
3rd | Seton Southwest Hospital-Austin |

### 100-200 Beds
1st | Seton Hospital Williamson-Round Rock |
2nd | Christus Spohn Hospital-Alice |
3rd | Huntsville Memorial Hospital-Huntsville |

### 201-255 Beds
1st | Huguley Memorial Medical Center Fort Worth |
2nd | Memorial Hermann Northeast-Humble |
3rd | Memorial Hermann-The Woodlands |

### 256-400
1st | Baylor Medical Center-Garland |
2nd | Harris Methodist HEB Hospital-Bedford |
3rd | Medical Center at Arlington-Arlington |

### 401+Beds
1st | Good Shepherd Medical Center-Longview |
2nd | Northwest Texas Healthcare System Amarillo |
3rd | Memorial Hermann Southwest-Houston |

## TAHV Leadership 2008-09

- **President**: Janie Dampier
- **President-Elect**: Pat Neatherlin
- **1st Vice President**: Melva Harris
- **2nd Vice President**: Mary Cannon
- **Secretary**: Sue Bickham
- **Treasurer**: Dorothy Bohn
- **Parliamentarian**: Jan Temple
- **Counselor**: Robert Zamen