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“Red is the ultimate cure for sadness.”
—Bill Blass

So let's all be happy at the Opening Session on Thursday, May 27th as we support the American Heart Association and

“GO RED”

Find your most fabulous red outfit and wear it as we support this very important issue. After all, Mr. Blass also said, “When in doubt, wear red!”

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67th Annual Convention
May 27-29, 2010
Hilton Americas-Houston
Houston, Texas

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**Scholarships—
Parkland Auxiliary**

In 2009, Parkland gave \$2,000 for college tuition to five high school seniors. These seniors are the dependent children of Parkland employees.

In 2010 stipends of \$2,500 will be awarded to six students. Those 2009 students are shown in the picture along with volunteers from Dallas Parkland Auxiliary.



These scholarships assist the students of Dallas Parkland employees to attend college, but it could also promote the spirit of friendship, family, and pride within the hospital and volunteer group. Those students may return to work at Parkland in the medical field.

Jason Schehterel, Keynote Speaker for Uniform Day Luncheon

You will not want to miss Jason Schehterel and his story – Phoenix Police Department officer who was involved in a vehicle crash and explosion causing 4th degree burns, and then a miraculous recovery. He shares his story because he feels he has been blessed and wants others to know his story involving this accident, his family, friends, and his survival.

We thank the volunteers of Trinity Mother Frances Hospital in Tyler for underwriting this speaker and providing us the opportunity of hearing him.

A note from the Parliamentarian

The Purpose of Parliamentary Procedure
By: Jan Temple

The purpose of parliamentary procedure is to facilitate the transaction of business and to promote cooperation and harmony. The philosophy of parliamentary law is constructive - to make it easier for people to work together effectively and to help organizations and members accomplish their purposes.

Parliamentary procedure should not be used to awe, entangle, or confound the uninitiated. Technical rules should be used only to the extent necessary to observe the law, to expedite business, to avoid confusion, and to protect the rights of members.

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**See you at the Convention May 27-29th
Houston's Hilton Americas Hotel**



Pat's Timepiece...

Our journey for this year is almost complete and we have remained steadfast in our mission of service to our healthcare facility. To quote Dan Stultz, President/CEO, Texas Hospital Association, "we must be consistent in our delivery and we must be steadfast in our approach to our hospitals and to the people that we serve in our organizations."

Our volunteers have remained loyal in their service with statistics from 2009 reporting 17,038 senior members donating 2,641,066 hours with cash donations to their hospitals in the amount of \$4,161,539. Volunteers consistently assist with collections for 837 scholarships given in the amount of \$1,170,826. Our TAHV volunteers are "top gun" – the best of the best – in demonstrating how powerful a well organized health care volunteer program can be.

Although our economy remains unstable and hospitals are suffering financially, our mission continually strives to enhance the delivery of healthcare services. From the research statistics below, our goal is to encourage new volunteer groups and focus on retaining our current membership.

Recent research, completed in July 2009 by Volunteering in America (www.volunteeringinamerica.gov) shows trends and demographics in volunteering from almost 20 cities.

- ◆ In 2008, 61.8 million Americans or 26.4 percent of the adult population contributed 8 billion hours of volunteer service. That service was valued at \$162 billion, using Independent Sector's 2008 estimate of the dollar value of a volunteer hour (\$20.25).
- ◆ Despite the challenges of a tough economic situation, the volunteering rate held steady between 2007 and 2008, while the number of volunteers slightly increased about one million.
- ◆ Over 441,000 more young adults (age 16-24) volunteered in 2008 and 2007, representing an increase from about 7.8 million to more than 8.2 million.
- ◆ As the economy slows and nonprofit organizations struggle to provide services on smaller budgets, volunteers become even more vital to the health of our nations communities. Between September 2008 and March 2009, more than a third (37 percent) of nonprofit organizations report an increase in the number of

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A note from the Parliamentarian

The Purpose of Parliamentary Procedure

Continued from page 1

The following are points to remember for Parliamentary procedure to work:

EQUALITY OF RIGHTS

All members have equal rights, privileges, and obligations

MAJORITY DECISION

The majority vote decides.

MINORITY RIGHTS

The rights of the minority must be protected.

THE RIGHT OF DISCUSSION

Full and free discussion of every proposition presented for decision is an established right of the members.

THE RIGHT TO INFORMATION

Every member has the right to know the meaning of the question before the assembly and what its effect will be.

FAIRNESS AND GOOD FAITH

All meetings must be characterized by fairness and by good faith.

Getting ready for Convention

With Convention Time just around the corner, we are busy getting all the details for the Traveling Topics Book Fair and the "Bring Your Own Ideas" (BYOI). Both agenda items last year, were very well received. Come by and look at the books that are available. The speakers who have books to sell will have their books available also.

The BYOI session was successful last year, and it will be repeated this year. The time frame has changed for this session. Be sure and check your programs for the place to go with your questions and ideas and exchange ideas and thoughts with other volunteers. This year the time will be Thursday, the 27th, at 9:30 A.M. You will enjoy this time and get lots of ideas that will be adaptable to your group while sharing some of your thoughts also.

As part of our Fund Raising effort we will be offering chances for a special item donated by Gold-n-Visions. There will be a surprise and new and different "something". All that we can tell you about it is "Let Education GLOW Across Texas". It will be unique and fun! Looking forward to seeing all of you at Convention in Houston.

Pat Densford
Janie Dampier
Traveling Topics

COME CELEBRATE

with us,

Texas Association of Healthcare Volunteers Convention MAY 27-29, 2010

Events Include:

**B.Y.O.I (Bring Your Own Ideas)
Session**

Door Prizes

Excellent Keynote Speakers

Educational Concurrent Leaders

First Time Attendees

Gift Shop Extravaganza

**President's Party and
Las Vegas Entertainment**

Special Gift Shop Seminar

Vendor Fair

Silent Auction

**Houston's Hilton Americas Hotel
Check www.tahv.org for more information**



Baubles, Bangles & Bags
A SHOPPING EXTRAVAGANZA

**JOIN US AT CONVENTION FOR THE
TAHV Gift Shop Extravaganza**
Friday Evening, May 28, 2010
Room 335 from 7:00pm till 9:00pm
Cash & Personal Checks Accepted

Former Junior Volunteer speaks out— Are We Listening?



Adam Grubbs, a former Huguley Hospital Junior Volunteer, has finished his BSN and is working in the Emergency Department at Huguley Hospital in the Fort Worth area. At the conclusion of his first week as grave-yard shift R.N. in the Huguley Emergency Department, Adam said, "I don't see myself ever leaving the health-care field, I have absolutely no regrets about my career decision."

Although he recently graduated from the University of Texas at Arlington College of Nursing, Adam has worked in the health care field since he was a high school freshman. At fourteen, he became a teen volunteer at Huguley Hospital.

"My mother was a volunteer at the hospital and she thought I would like it too," Adam answered. "I like helping people, and I found the health care field very interesting."

He continued to volunteer through his high school and early college years. Adam found his passion and decided on nursing as his career, and he worked as an ER tech while he completed his nursing degree.

"I really appreciate Huguley Hospital," he said. "They've been so good to me. However, sometime in the future I'd like to work at a big hospital trauma unit or perhaps as a flight nurse."

Adam plans to earn a master's degree in nursing or train to be a nurse practitioner. "But not for awhile," he smiles, "I'm a little tired of school."

Adam is quick to express his appreciation to the organizations that provided him with scholarships for his nursing education, including the Huguley Volunteer Auxiliary and the Texas Association of Health Care Volunteers. "I could never have done it without their assistance," Adam confirmed.

"The Wreckonomics of Healthcare" American Heart Association CEO to speak at TAHV Annual Convention

He started the "Go Red" for women campaign to raise awareness about heart disease in women, the Alliance for a Healthier Generation (with the William J. Clinton Foundation) to fight childhood obesity, Get With the Guidelines to

Improve Hospital Care and the Power to End Stroke targeted to African Americans. Now, Cass Wheeler can add "Keynote Speaker at the Opening Session of the TAHV 2010 Convention" to his long and illustrious career!



Cass has served on many boards and councils including the National Health Council, the Senate Finance Committee's Panel on the Non Profit Sector, the National Human Services Assembly and the Advisory Committee for Public Health. He was appointed by President Clinton to serve on the Commission on Improving Economic Opportunity in Communities Dependent on Tobacco Production While Protecting Public Health. He currently serves on the board of the American Legacy Foundation, the Paul G. Rogers Society for Global Health Research and The Advisory Committees of the UCSF Center for Tobacco Control Research and the Director of the Centers of Disease Control for the Department of Health and Human Services.

A native Texan, he is a business graduate from the University of Texas and gained his grass roots experience with the American Cancer Society right out of college. Cass joined the Texas Affiliate of the American Heart Association and retired as CEO in 2008. He published his first book, "You've Gotta Have Heart: Achieving Purpose Beyond Profit in the Social Sector" in January of 2009.

Blessed with two children and four grandchildren, Cass spends most of his time on the road speaking or attending board meetings! He has retired to Georgetown and recently told me he considers himself pretty boring. I'd hate to see what he considers "being busy"!

Make it a point to attend the Opening Session of the convention in Houston on Thursday, May 27th at 1:00pm. You don't want to miss this man's speech!

Welcome new TAHV Members

We want to welcome these new members, and we need to welcome them with friendliness, phone calls, and visits. Encourage them and learn from them. Let them know they are appreciated.

- ◆ Memorial Medical Center, San Augustine
- ◆ Cedar Park Regional Medical Center, Cedar Park
- ◆ Christus Santa Rosa Hospital, Westover Hills, San Antonio
- ◆ St. Luke's Sugar Land Hospital, Sugar Land
- ◆ Hardeman County Volunteers, Quanah
- ◆ Texas Health Presbyterian Hospital Auxiliary, Rockwall
- ◆ RGRH Volunteer Auxiliary, McAllen

Officers Nominated for 2010-2011

The following slate of officers was presented to the TAHV Board of Directors in February and is now being recommended for election, keeping in mind that the President and President-Elect were previously elected to their position:

President:

Melva Harris—District 9

President-Elect:

Sherry Simmons—District 5

First Vice President:

Pat Densford—District 7

Second Vice President:

Fran Wyatt —District 10

Treasurer:

Marjorie Hays—District 3

Secretary:

Nancy Maurer—District 8

These officers were chosen by the Nominating Committee to be your representatives and will be voted on at the TAHV business meeting in Houston. They would appreciate your encouragement and your taking the time to get to know them and visit with them concerning the concerns, goals, and objectives of your volunteer group during the coming year.

Janice Allen, Chairman
Nominating Committee



Health Care Reform: What Does It Mean?

By Dan Stultz, M.D., FACP,
FACHE

Health care reform legislation has passed, and the President has signed the measure into law. It is clear that there is confusion about what is and is *not* in the bill, and this misinformation has created fear,

especially among Medicare recipients.

For those volunteers who are Medicare recipients, let me assure you that the health care reform bill does not adversely impact you. Perhaps most important for some of you is that Congress is closing the "doughnut hole" in the Medicare prescription drug benefit; it will be phased-out over a few years, beginning in 2010. In 2011, you will see additional discounts on brand-name and generic drugs.

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Pat's Timepiece...

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volunteers used, and 48 percent foresee increasing their use of volunteers in the coming year. Almost no nonprofit organizations are showing a decrease in their volunteers use.

- ◆ Volunteers were much more likely than non-volunteers to donate to a charitable cause.
- ◆ In 2008, 78.2 percent of volunteers contributed \$25 or more compared to 38.5 percent of non-volunteers.

So, given these statistics, why would someone not desire to volunteer or remain as a volunteer since it appears that now is a prime time to volunteer?

TAHV volunteers proudly wear their uniforms and serve as "billboards" for their respective healthcare facilities, especially their gift shops. We encourage volunteers to remain focused on their main purpose of loving, caring and serving.

We encourage you to join us in Houston as TAHV celebrates our "**Volunteers.....Timeless Dedication.**" Go to tahv.org for registration/hotel information. We hope you have made plans to participate in the 67th Annual Convention to be held at the Hilton Americas Hotel in Houston, May 27-29.

The Convention Committee has worked very hard to provide incredible keynote speakers and educational concurrent session leaders. Concurrent session leaders will be offering topics ranging from early detection and prevention of heart disease, 911 emergency, nutrition, newsletters, the joys of volunteering, and fundraising.

The Gift Shop Extravaganza scheduled for Friday evening will bring shopping at its best to the enthusiastic shopper. The President's Party will allow for fun and relaxation during the evening of Las Vegas entertainment.

This is my last letter I will write as President of the Texas Association of Healthcare Volunteers. It has truly been an honor to serve as President and I shall treasure the fond memories and the many new friendships. I extend my appreciation for your loyalty and support and for serving with "**timeless dedication.**"

*Serving with dedication,
Pat*

*Volunteers are not paid—
not because they are worthless,
but because they are priceless!*

National Hospital Week Puts Spotlight on People

A hospital is more than a place where people go to heal; it's a part of the community that fosters health and represents hope. From providing treatment and comfort to the sick, to welcoming new life into the world, hospitals are central to a healthy and optimistic community. That's the message behind the 2010 National Hospital Week theme "Health, Hope and Healing."

The event theme is the centerpiece of a promotional campaign aimed at uniting health care facilities across the country during the May 9-15 celebration. The nation's largest health care event, National Hospital Week dates back to 1921 when it was suggested by a magazine editor who hoped a community wide celebration would alleviate public fears about hospitals. The celebration, launched in Chicago, succeeded in promoting trust and goodwill among members of the public and eventually spread to facilities across the country.

Thanks for all you do for *your* hospital and *your* community!

Old one...but good

Will Rogers, who died in a plane crash with Wylie Post in 1935, was probably the greatest political sage this country has ever known. Enjoy the following:

1. Never slap a man who's chewing tobacco.
2. Never kick a cow chip on a hot day.
3. There are 2 theories to arguing with a woman...neither works.
4. Never miss a good chance to shut up.
5. Always drink upstream from the herd.
6. If you find yourself in a hole, stop digging.
7. The quickest way to double your money is to fold it and put it back in your pocket.
8. There are three kinds of men: The ones that learn by reading. The few who learn by observation. The rest of them have to pee on the electric fence and find out for themselves.
9. Good judgment comes from experience, and a lot of that comes from bad judgment.
10. If you're riding' ahead of the herd, take a look back every now and then to make sure it's still there.
11. Lettin' the cat outta the bag is a whole lot easier'n puttin' it back.
12. After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him. The moral: When you're full of bull, keep your mouth shut.



TAHV Annual Report Statistics— Ponder these Stats

During the past year, according to the statistics gathered at the ten district meetings:

Our membership consists of 17,038 Senior Volunteers and 3,343 Junior Volunteers.

Senior Volunteers contributed a total of 2,641,066 hours.

Junior Volunteers contributed a total of 248,962 hours.

837 scholarships were given for a total amount of \$1,170,826

Cash + equipment given to healthcare facilities by TAHV volunteer organizations = 5,340,695

TAHV has a membership of 262 healthcare volunteer groups.

145 healthcare organizations report - 56% percent of the total membership reported these statistics.

Next year, let's strive for 100% reporting.

Please send your report to Betty Unlaub, P.O. Box 302, 113 Chelsea, Dumus, Texas 7929 or e-mail them to her at blunlaub@windstream.net.

Question:

Did your group send your Annual Report Numbers in? If not, check the numbers above and see what a difference it would make if you had sent in your numbers. Our report is only as accurate as the numbers you send us.

"Keeping the Flame Alive: Lighting a Candle Without Burning Yourself Out" Bill Crawford—Installation Day Speaker

For our Installation day speaker, the speaker is Bill Crawford who a Psychologist/Consultant from the University of Houston. His topic is certainly that most of us will want to hear. He has written several books, produced and been involved in productions on PBS and has made over 3,200 presentations -- to such organizations as Shell, Sprint and the Texas Medical Center. He is also one of the concurrent speaker -- his presentation is "How to Eat Anything You Want and Never Gain Weight." Both topics are certainly subjects most of us can relate to and will find interesting and helpful. Mr. Crawford in married, and he and his family live in Houston.

TAHV 2010 Convention Concurrent Speakers

What would you like to learn more about at this Conference? Look below, and find the speaker that has that special information you are interested in. By dividing up and hearing different speakers, your group will have opportunity to hear different speakers and share information on various subjects.

Rajiv Agarwal, M.D.

"Early Detection & Prevention of Heart Disease"
Cardiologist, Houston

Barbara Boucher

"Not Just A Volunteer – How Volunteers Add Value"
DVS – The Methodist Hospital, Houston

Lynn Carter

"Sharing the Joy of Volunteering"
DVS – Knapp Medical Center, Weslaco

Bill Crawford, Phd.

"How To Eat Anything You Want & Never Gain Weight"
Psychologist, Houston

Diana Ikerd

"Extra! Extra! Read All About It!"
Retired DVS, Valley Baptist – Harlingen

Allen Johnson

"911 – What Is Your Emergency?"
Director and CEO
Montgomery Co. EMS

Father Steve Rottgers

"The Volunteer Leader – Knowing Who I Am; Empowering Who You Are"
Grace Episcopal Church
Georgetown

Laura Thomas

"Take Wellness to Heart – Nutrition Therapy for Cholesterol Reduction"
Clinical Manager: Nutrition & Diabetes Education
Memorial Hermann – The Woodlands

Stefano Sdringola, M.D.

"Take Your Health to Heart – How to Prevent & Reverse Coronary Artery Disease"
Cardiologist, Houston



You're all invited to join the fun and excitement at our

"Viva Las Vegas"

President's Party
Honoring
TAHV President, Pat Neatherlin

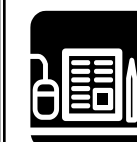
Thursday, May 27th
6:00 — 9:00 pm

Dinner and Entertainment



NEWSLETTER REQUEST

Please put me on your local newsletter mailing list and send your interesting news articles to:



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